




How to Apply

- ◆ Self Referral
- ◆ Referral from any appropriate source in the community


For Further Information Contact

 Phone: 02 6380 1690
Fax: 02 6382 4788
Mobile: 0422 111 620

 Respite Coordinator

 E: sonia.ingall@lfe.org.au
Website: www.lfe.org.au

 55 Boorowa Street
YOUNG NSW 2594

 Office Hours
Monday–Friday
8.30am–4pm



Family &
Community Services
Ageing, Disability & Home Care

Providing a service to individuals with challenged ability and their carers



SERVICE AREAS INCLUDE...

- ◆ YOUNG
- ◆ HARDEN
- ◆ BOOROWA
- ◆ COOTAMUNDRA

WHY



- ◆ Respite provides the **opportunity** for carers to have a **temporary break** from their caring responsibilities
- ◆ Respite provides **ongoing support** to allow people to remain in the community and live in their own home
- ◆ Respite **meets the individuals' needs** for social contact and/or company
- ◆ Respite provides the **opportunity to meet new people** and enjoy **new activities**
- ◆ Respite aims to **strengthen** and maintain the relationship between the individual and carer



SERVICES

Respite support can be provided to both adults and children by a paid worker or volunteer, allowing the primary carer and the person they care for a break. Respite can be in the home, centre based or in the community.

Services may include:

- ◆ In— home Respite
- ◆ Centre— Based Respite
- ◆ Social Support
- ◆ Sharing an interest with a small group
- ◆ Saturday Respite Groups (children and adult Groups monthly)
- ◆ Emergency Respite

The Service is Flexible and sensitive to the needs of individuals and family groups from all cultural backgrounds and offers a range of options

Respite Solutions provides emergency and one-off respite and support to a wide range of

individuals including:

Disability Respite

Aged Care Respite

Mental Health Respite

Fee for Service available on request

WE WILL :

MATCH YOUR RESPITE NEEDS WITH A SUITABLE CARER AND:

- ◆ Assess eligibility to receive a service on a non-discriminatory basis
- ◆ Assist to identify your needs and find the most suitable form of respite
- ◆ Provide information about other services when required
- ◆ Refer to other services if necessary
- ◆ Encourage and support the use of an advocate where required
- ◆ Provide a service in a culturally and age appropriate manner
- ◆ Facilitate the use of interpreters where appropriate
- ◆ Support all individuals to access the service, including people from Non-English Speaking and culturally diverse backgrounds
- ◆ Uphold the rights of the individual

